

LAST-MINUTE GIFTS

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HOCKEY'S RISING STAR
How Matt Duchene made it to the NHL

DRESS FOR THE HOLIDAYS
4 key pieces, 12 great looks

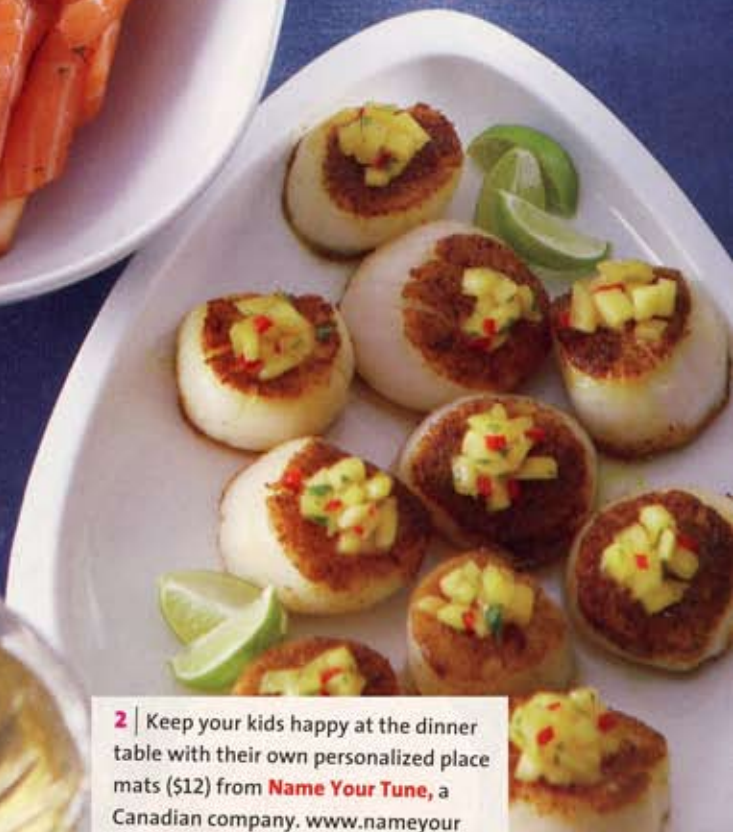
Peace, Hope & Joy

3 women share their mental health

MAKE A SPLASH!
45 party-friendly recipes your guests will love



Seafood Appetizers and Champagne Cocktails



2 | Keep your kids happy at the dinner table with their own personalized place mats (\$12) from **Name Your Tune**, a Canadian company. www.nameyourtune.com.

